

ADD, Autism, Learning Delay or Chronic Illness?

Find out how a biomedical approach can improve a child's health and concentration and reduce their need for antibiotics, psychotropics, grommets, puffers, cortisone cream and restrictive diets.

Detoxifying 'gut' pathogens and treating heavy metal toxicity gets to the root cause of many paediatric disorders for improved cellular health, immunity and concentration.

RACGP QA & CPD points for General Practitioners.



Toxicity affects mind and body

The pervasive presence of heavy metals such as mercury and lead in our air, water, food, medications and consumer products is having a major impact on our children. Pathogens in the digestive tract such as yeast, bacteria, fungus, parasites and virus can also affect a child's physical and mental health.

Research* is revealing that there is a 'biology' to many learning disorders and chronic illness. An Integrative approach that combines biomedicine, nutrition, neurodevelopmental therapies and environmental medicine can significantly improve health and concentration.

The key is an individualised approach and proper sequencing by an experienced practitioner who uses state-of-the-art diagnostics and artful interpretation.

If a child has any of the issues listed below, they could benefit from an Integrative Medical approach that addresses their core chemistry and reduces the need for antibiotics, psychotropics, cortisone cream, puffers, grommets and restrictive diets.

allergies or asthma
ADD/ADHD
chronic ear infections
eczema and skin infections
food sensitivities or reflux
chronic urinary tract infections
sleeplessness or anxiety
learning or language delay
chronic upper respiratory infections
dyspraxia or dyslexia
aggression, ODD, PDD, RETTS
recurrent stomach aches
constipation and/or diarrhoea
poor concentration
bedwetting
autism spectrum disorder
weak immune system
fine or gross motor issues

*S. Jill James, Oxidative Stress, Uni. Arkansas, 2005

Event Details

Time: 1-5pm

Date: Sunday 4 December

Place: Australian Catholic University, North Sydney

Cost: \$85/person, \$140/couple

Go to page 2 for more information and a printable registration form or [Click here](#) to register now!

Did you know?

- 70% of the neurotransmitters found in the brain are also found in the gut
- More and more studies are confirming a link between gut disorders and behavioural, learning and neurological disorders
- A healthy diet is not adequate if the gut is not properly absorbing nutrients
- Food, chemicals and heavy metals interfere with brain pathways
- Gut disorders affect the immune system and brain
- Antibiotics, medication and environmental toxins can result in gut dysfunction, malabsorption and nutritional deficiencies
- Inappropriate diet and malabsorption can cause allergies, eczema, asthma, speech problems, ear infections, sleeplessness, hyperactivity, chronic fatigue, poor concentration, a weak immune system and more
- Metabolic and digestive dysfunction are the core cause of many neurodevelopmental disorders and paediatric illness

Keynote Speakers

Dr. Emmanuel Varipatis (MB BS, FACNEM, FIBCNT)

Dr. Varipatis is a general practitioner at Your Health in Manly where he specialises in Clinical Metal Toxicology. Through experience and training with Defeat Autism Now!, Dr. Varipatis has an expertise in the biomedical treatment of Autism, ADD/ADHD, learning delay and chronic paediatric infections where detoxification is proving to be very effective.

Discussion will include sources of environmental toxins, symptoms, diagnosis and treatment of heavy metal toxicity. The talk will cover how heavy metal toxicity and gut pathogens can lead to digestive disorders, food sensitivities, chronic illness and behavioural and psychological disorders.

Michael Sichel (DO ND PhD)

Michael Sichel practices Naturopathy near Newcastle, NSW and is a pioneer in the biomedical treatment of Autism, ADD/ADHD and childhood neurodevelopmental disorders.

He is the author of 'Good News For The Alphabet Kids' which details successful treatments of ASD, ADHD, ADD and other childhood disorders with a focus on optimising the body's natural ability to heal by healing the gut, alkalising the body, modifying diet, detoxing heavy metals and using nutritional medicine and herbs.



Upcoming Mindd Events

Integrative Solutions for Learning Delay and Chronic Illness

Doctors R. Cosford
& M. Dyson
20 November 2005

Food For Thought Cooking Class

Chef Holly Davis
27 November 2005

Detoxification & Healing

Dr. E. Varipatis
& M. Sichel DO ND
4 December 2005

The Brain-Immuno-Gut Connection

Dr. Underwood & J. Duff
26 February 2006

Healthy Home

Dr. P. Dingle
12 March 2006

Biomedical Solutions

Dr. H. Lowe
& Dr. J. Criticos
21 March 2006

Mindd Foundation
supports practitioners
and patients in finding
effective solutions for
Metabolic Immuno
Neurologic and
Digestive Disorders.

[Click here for More Info](#)

Mindd International Forum On Children 19-22 May 2006 Double Bay, Sydney

Treating autism, ADD, learning delay & chronic illness.
Dietary Intervention, Integrative Solutions and Physicians
Training by Defeat Autism Now!

Visit www.mindd.org or call 02 9388 7383 for more information.

Mindd Foundation is a non-profit Health Promotion Trust.
RACGP QA & CPD points for General Practitioners.

Registration Form

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Place: Aust. Catholic University
Speakers: Dr. Emmanuel Varipatis
(MB BS, FACNEM, FIBCNT)
Michael Sichel
(DO ND PhD)
Cost: \$85/person, \$140/couple

Advanced bookings essential. Please
make all payments by cheque, bankdraft
or money order to Mindd Foundation.

To reserve a place, please register
at www.mindd.org or send this form
with payment to:

Mindd Foundation Pty Ltd
PO Box 151, Vaucluse NSW 2030

Visit www.mindd.org for cancellation
terms & conditions.

Detoxification & Healing

First name _____ Last name _____
Address _____
Email _____
Phone () _____ Fax () _____

Please tick your area of expertise:

- | | | | |
|---|-------------------------------------|--|-------------------------------------|
| <input type="radio"/> Parent/guardian | <input type="radio"/> Osteopath | <input type="radio"/> Naturopath | <input type="radio"/> Paediatrician |
| <input type="radio"/> Chiropractor | <input type="radio"/> Health worker | <input type="radio"/> Language/literacy | <input type="radio"/> Nutrition |
| <input type="radio"/> Neurodevelopment | <input type="radio"/> Kinesiology | <input type="radio"/> Cranial Sacral | |
| <input type="radio"/> General Practitioner (Ref. no.) | | <input type="radio"/> Other (Please specify) | |

What are the patient's issues?

Do you have specific questions?

Where did you hear about our events?

- | | | | | |
|--|--------------------------------|--|-----------------------------|------------------------------|
| <input type="radio"/> E-flyer | <input type="radio"/> Print Ad | <input type="radio"/> Practitioner | <input type="radio"/> Radio | <input type="radio"/> Friend |
| <input type="radio"/> Print flyer (Where did you find it?) | | <input type="radio"/> Other (Please specify) | | |