



Nurtureworks Upcoming Talk

hankinmercury

Detoxification & Healing

**Integrative solutions for:
ADD/ADHD, Asthma, Allergies,
Chronic Fatigue, Autism, Cancer,
Anxiety, Depression, digestive
disorders and more**

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A talk by

**Dr. Emmanuel Varipatis**  
(MBBS, FACNEM, IBCMT)

**& Michael Sichel**  
(DO ND PhD)

**Sunday, 5 June, 2-5pm, 2005**  
40 Edward Street, North Sydney  
Australia Catholic University  
The Carroll Building

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Bookings Essential-\$45/person
includes tea and digital copy of presentations

All proceeds go to MINDD Foundation for effective
diagnosis and treatment of **Metabolic-Immuno-
Neurological-Digestive Disorders**

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## **Toxicity effects mind and body**

Environmental toxins such as mercury, lead, arsenic, and aluminum are in our air, water, soil, food, medications and consumer products. The pervasive presence of heavy metals is having a major impact on global health.

Heavy Metals adversely effect the metabolic, immuno, neurological and digestive systems which can lead to chronic illness and disease.

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If you or your child has **any one** of the following, you may have heavy metal toxicity

- Allergies & Asthma
- Weak immune system
- Ear infections & Eczema
- Food sensitivities, reflux
- Learning, speech or gross motor issues
- Chronic fatigue or sleeplessness
- hyperactivity or aggression
- Constipation or diarrhea
- Anxiety or depression
- Poor concentration
- ADD,ADHD,ASD
- Irritable Bowel

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## **DID YOU KNOW?**

Illness, medications or severe toxic exposure can disrupt the body's ability to chelate heavy metals such as lead, mercury, and arsenic

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Heavy metal toxicity can effect

Dr. Emmanuel Varipatis (MBBS, FACNEM, IBCMT) is a general practitioner at Your Health in Manly where he specialises in Clinical Metal Toxicology and Chelation therapies.

Dr. Varipatis has significant experience treating Chronic Fatigue and digestive disorders and in recent years has developed an expertise in Autistic Spectrum Disorder and ADD/ADHD where heavy metal chelation combined with gut healing and supplementation is proving to be very effective.

Discussion will include sources of environmental toxins, symptoms and diagnosis of heavy metal toxicity and chelation therapy, including DMSA and DMPS. The talk will also cover how heavy metal toxicity can lead to digestive disorders, food sensitivities, chronic illness, and behavioural & psychological disorders.

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**Michael Sichel (DO ND PhD)** practices Naturopathy near Newcastle, NSW and is a pioneer in the biomedical treatment of Autism, ADD/ADHD and childhood neurodevelopmental disorders.

He is the author of *Good News For The Alphabet Kids* which chronicles successful treatments of ASD, ADHD/ADD, and other childhood disorders with a focus on optimising the body's natural ability to heal by repairing the gut, modifying diet, detoxing heavy metals, and supplementing with minerals, vitamins and essential fatty acids.

Dr. Sichel will focus on natural ways to chelate heavy metals through herbs, supplements, ph balance and diet.

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To reserve a seat, register online at:

[www.nurtureworks.com](http://www.nurtureworks.com) or mail registration form and payment to:

**NurtureWorks, PO Box 151, Vaucluse, NSW 2030**

Please make all payments by cheque, bankdraft or money order

(02) 9388 7383, [info@nurtureworks.com](mailto:info@nurtureworks.com)

cellular health, DNA structure and neurotransmission

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More and more studies are confirming a link between heavy metal toxicity and ADD/ADHD, Autism, and other behavioural and learning disorders

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A healthy diet is not adequate if toxins are interfering with nutrient absorption

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Heavy metals and toxins are still commonly found in medications, dental amalgams, vaccines, personal care and cleaning products, playgrounds, clothing and bedding

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Heavy metals impair the immune system and can lead to ongoing inflammation in the form of eczema, asthma, gut disorders, arthritis and Autism

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**Detoxification for cellular health,  
disease prevention,  
increased energy and improved  
concentration!**

**Registration (Detoxification and Healing)**

Title.....

First Name.....

Last name.....

Please tick:  
 adult  parent  doctor  chiropractor  
 osteopath  naturopath  health worker

other .....

Email address.....

**Mailing address**

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Suburb.....

State..... Postcode.....

Home phone (.....).....

Work phone (.....).....

Mobile phone.....

**What are your symptoms/issues?**

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**Do you have specific questions?**

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